



Comprehensive Weight Management Program Blue Care Network Prior Authorization and Referral Form

Fax form to *both facilities*:

1. Comprehensive Weight Management Program

FAX: (231) 935-8609 PHONE: (231) 935-8533

2. Blue Care Network*

FAX: (800) 675-7278 PHONE: (800) 392-2512

Member ID #: _____

Patient Name: _____ D.O.B.: ____/____/____
(Last) (First)

Address: _____
(Street) (City) (Zip)

Phone: Home (____) _____ Other: (____) _____

- Initial Request
- Retreatment Request

Start Date of Last Program: _____

CLINICAL CONDITION

Date weight and height measured: _____

Current Weight: _____ Current Height: _____ BMI: _____

CHECK CRITERIA THAT APPLIES:

- BMI greater than or equal to 35 and two obesity-related co-morbidities *OR*
- BMI greater than or equal to 40 and one obesity-related co-morbidities *OR*
- BMI greater than or equal to 45 (co-morbidities not needed)

CO-MORBIDITIES: CHECK ALL THAT APPLY AND LIST MEDICATIONS FOR EACH AS APPLICABLE

- Diabetes (HbA1C greater than 8.0) HbA1C _____
- Hypertension requiring medication _____
- GERD (persistent symptoms despite daily medications) _____
- Symptomatic Sleep Apnea A/H Index = _____
- Significant cardiac disease (Documented ASHD, LVH or RVH)
Diagnosis: _____
- Hyperlipidemia (greater than 30mg/dl above goal) requiring medication (list all medications below)
HDL: _____ LDL: _____ TG: _____ Total: _____
1. _____ 2. _____ 3. _____
- Degenerative joint disease markedly limiting daily activities
- Non-alcoholic steatohepatitis (NASH)
- Depression requiring medication and psychological counseling
- No co-morbidities present

CONTRAINDICATIONS TO PHYSICAL ACTIVITY

- Unrestricted Progressive exercise (no restrictions) Progressive exercise (with restrictions)

Primary Care Physician: _____

Signature: _____

PCP Phone: (231) _____

PCP Fax: (231) _____

* Munson Healthcare is an independent company that provides weight-management program services to Blue Care Network members. Blue Care Network of Michigan is a nonprofit corporation and independent licensee of the Blue Cross and Blue Shield Association.